

**Lambourn Valley Benefice – The First Sunday of Lent. February 22<sup>nd</sup> 2026**

‘Then the devil left Jesus, and suddenly angels came and waited on him’ Matthew 4:11

**Sunday February 22<sup>nd</sup>**

- 9.00 Holy Communion All Saints
- 10.30 Eucharist St Michael & All Angels

**Monday February 23<sup>rd</sup>**

- 10.00 Lambourn Lambs St Michael & All Angels
- 2.00 St Michael’s Coffee & Chat @ The Vicarage
- 2.00 Lent study group @ Mellors Cottage

**Wednesday February 25<sup>th</sup>**

- 11.00 Funeral St Michael & All Angels
- 2.30pm Come and See @ The Vicarage
- 7.00 Come & See & Meridian House

**Sunday readings:** Genesis 2.15–17; 3.1–7, Romans 5.12–19, Matthew 4.1–11

*He heals the broken hearted and binds up all their wounds.*

**Please pray** that God’s good news of healing and release will bring new hope and life to those in need, amongst them; Sarah Brooks, Chris Couch, Novena, Clare, all those on St Michael’s prayer table, Chris Tonge, Jenny Escuder, John Doulton, Alan Body, Tony Stewart Smythe, Keith, Wendy & Colette Mackie.

**The departed:** Sister Valeria, Alan Edwards, Eleanor Read, Sylvia Chilvers, Ross Couch and Veronica Foyster.

**Please pray for:**

- leaders that they may have wisdom to know and courage to do what is right
- loving compassion on all whose lives have been marred by tragedy
- the strength of the Holy Spirit to sustain us as we seek to journey through Lent
- those experiencing loss, of a loved one, of health, of employment, or of a relationship, that the Holy Spirit may enter their emptiness and fill them with peace
- our Diocesan link with Nandyal India
- those affected by typhoons, flooding and turbulent weather conditions

**Collect**

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Post Communion**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word that proceeds from out of your mouth;  
through Jesus Christ our Lord

**Let Your God Love You**

Be silent.  
Be still.  
Alone.  
Empty  
Before your God.  
Say nothing.  
Ask nothing.  
Be silent.  
Be still.  
Let your God look upon you.  
That is all.  
God knows.  
God understands.  
God loves you  
With an enormous love,  
And only wants  
To look upon you  
With that love.  
Quiet.  
Still.  
Be.  
Let your God—  
Love you.

*Edwina Gateley*

## Lambourn Valley Benefice Zoom links

- Morning Prayer (8.30 am)

Below is the full link for everything including Morning Prayer. You'd be very welcome to join in any time - look forward to 'seeing' you!

Morning Prayer is at 8.30 am every morning except Sunday.

Join Zoom Meeting

<https://us02web.zoom.us/j/9042057860?pwd=eGVhZFYwNDA5L09LdnhkaWN0dEtRZz09>

Meeting ID: 904 205 7860

Passcode: Enru0Bmal

Here is a link to the CofE web page for morning and evening prayer.

There are links to the daily liturgy (we use the contemporary morning prayer and night prayer) and at the bottom of the page are links to the Apple and Google apps so you can follow the service on your phone or tablet if you want.

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>